



GK «INOVA-GIM» OSIJEK

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Objective (From small to great) :

I think we should use the knowledge, experience and training methods of the big countries wisely, but not in a way to completely copy it. We should always evaluate what is best and use it but not in a hundred percent way like big do. Methods and training skill techniques what we see and learn, we should always add something (new) of our own, or perhaps something that will be learned through our project from other small countries plus again something new (ours, I mean).

All these small countries need to act similarly as I just said and then share experiences and present it to each other. Present what has been good through their experience over a period of time.

It's just a way to be similar **but better** (with the ability to beat them) than big gymnastics countries.

This primarily refers to the cooperation of hiring foreign coaches from major countries.

The important thing is that the coaches we employ should not be here to quickly create a good gymnast and then leave with their knowledge. They need to transfer their knowledge and experience to our coaches, who will further upgrade and refine this with their vision and actions.

It was the only way to be successful for the long term and to be able to compete with the greats and maybe win them over.

This being said, it may be the beginning of a successful journey that needs to be constantly upgraded even when we have achieved the first good results of work or competitive success.

What do I mean by journey and constant upgrades?

1. Bringing foreign coaches (I mean the knowledge we always need) - I talked about it recently
2. Going out to training camps, cooperation with other clubs, smaller competitions and big competitions (these are places where we can further enhance our knowledge and gain new experiences, see the mistakes of others, and make sure we are on the right track or not). On this way, we are also increasing results on international competitions. It is important to go out into the world. Once we stop doing that, we start moving in the opposite direction of success.
3. Projects like From small to great (the way we will share with each other what we have learned and seen (bad or good))

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Our way :

1. Obtaining the conditions for working in the training space (gym hall) we had in that time, repairing the working conditions, purchasing the equipment and refining the gym
2. Connecting and start cooperating with the best coaches of the former state (Jugoslavia) to start to learn gymnastics on a higher level
3. The first "minor" results at the state level to interest our micro-environment that something good is happening and to qualify for some financial support from the community, which is always insufficient (in relation to other "ball" sports) but important in the further development of our development.
4. Bringing foreign coaches (2 Chinese, 3-4 Russians - some were shorter and some longer) and recognize how good and quality these coaches are
5. Bringing demonstration gymnasts to be our demonstrators. One of them also takes on Croatian citizenship and helps us to go out into the world (to competitions) and see how that gymnasts from another country works, to meet people, judges, coaches and other gymnasts. (Alexei Demianov and my generation).
6. The first big results. First with a foreign gymnast and then with our products (Croatian young gymnasts) - again raising public interest and sports micro and macro environment and the possibility of seeking financial assistance for further development!
7. Construction of a gymnastics center with all the necessary conditions to continue and improve the top results on the world stage.
8. Collaboration with friends clubs in our area (enable children to meet their peers from other (neighboring) countries, be happy, travel and train with children from other countries). In this way, we increase interest in gymnastics and the number of children who will come to our gym.
9. Organizing large training camps (with best world gymnasts included) and the 1st Croatian World Cup (Osijek Grand Prix 2009.) to bring the world to Croatia. Striving to make gymnastics a popular, well-lived sport (football..athletics.. skiing).
10. Projects like Erasmus + : From small to great in which we will meet new people,

gymnastics friends and their "similar" or "different" experiences, apply that and move on !

Saša Soalr, GK Inova gim